

OUR ANNUAL GUIDE TO THE CITY'S TOP RESTAURANTS,
BARS, BOUTIQUES AND MORE

The IMPROPER BOSTONIAN

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Regional



The IMPROPER BOSTONIAN
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OUR ANNUAL GUIDE to the CITY'S TOP RESTAURANTS, BARS, BOUTIQUES & more

All Smiles
Bridget Moynihan's Happy Return to the Big Screen

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cellulite, or a glow massage, combining an ancient dry-brushing, exfoliating technique with a citrus-sugar scrub and white-tea moisturizer. If you feel

particularly tense, a four-handed treatment enlists two therapists to work your tired muscles. There's nothing to do but relax.

➔ 28 Arlington St., Boston ➔ 617-532-7000
➔ exhalesspa.com

MEN'S HAIRCUT

Paige Enright at Mitchell John Salon

Paige Enright clips the hair of financial types: bankers, lawyers and real-estate execs who require a tricky mix of conservative and modern. "They want something they can do in five minutes," says Enright, a former art student whose mom owns a salon in Provincetown. She isn't afraid to work the scissors and razor to add

texture, or to teach clients how to use styling paste or wax. She's a great conversationalist, too.

➔ 67 Broad St., Boston ➔ 617-951-0122
➔ mjsalon.com

SALON

Mizu

This sophisticated salon continues the Mandarin Oriental's modern elegance. The pristine white interior is open, the stylists relaxed and attentive. Owned by Hollywood producer Elan Sassoon and Lord's & Lady's founder Michael Barsamian, Mizu has lured top talent since opening in 2008. The staff can lighten your locks for summer with hair painting, adding color without foil, or tame the frizz with an express keratin treatment. While you wait for the results, pop on a pair of Myvu glasses and enjoy a movie or TV show.

➔ Mandarin Oriental, Boston ➔ 776
Boylston St., Boston ➔ 617-585-6498
➔ mizuforhair.com

SUBURBAN SALON

Naz Kupelian

Not everyone wants to fight Newbury Street traffic to get a killer cut and color. So when Naz Kupelian opened his Lexington salon in 2000 (remodeled last year), clients made the trek from Boston. Kupelian has earned his following. A master stylist with Rusk International, he travels the world, prepping celebs for the red carpet. He lives to hear: "I love the way I look, I love my hair." That's what it's all about.

➔ 311 Woburn St., Lexington ➔ 781-676-7791
➔ nazkupeliansalon.com

WAXING

Monica Salipante at Beaucage Salon and Spa

"I've been doing Brazilians [since] before they even had a name," says Monica Salipante, who has waxed clients for 15 years. "If someone says, 'I'm so

embarrassed,' I say, 'Oh please, doing this is like doing your eyebrows. It's not even an issue.'" Using hard wax instead of strips, Salipante swears that even the most sensitive skin has no problem. She'll take care of you from head to toe.

➔ 71 Newbury St., Boston ➔ 617-437-7171
➔ beaucage.com

WOMEN'S HAIRCUT

Charles Maksou at Mizu

Once Charles Maksou sets his shears to your hair, you'll feel like a changed woman. Maksou always cuts dry after studying a client's face and neck—which means no post-blow-dry surprises. He's also a whiz at updos. He counts Belinda Carlisle and Caroline Kennedy among his clients—and has worked with Armani, Gucci and Prada. Enough said.

➔ Mandarin Oriental, Boston ➔ 776
Boylston St., Boston ➔ 617-585-6498
➔ mizuforhair.com

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