

What's your secret for summer survival?

By Luke O'Neil, Globe Correspondent

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I enjoy the Boston Harbor Hotel during the summertime. The combination of great food, entertaining music and an amazing view of the city skyline is the perfect package. I also love entertaining at my home in Medford, which also features a one-of-a-kind view of Boston's skyline. I'm known for my signature seafood dish, a twist on Portuguese-style seafood prepared in a big pot and always enjoyed outside. The dish includes mahogany clams, shrimp and lobster seasoned with garlic, lots of white wine, cilantro, and hot peppers.

Naz Kupelian, owner of Naz Kupelian Salon in Lexington



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