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2009 Spring Hair Trends: Cut, Style, and Color

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As bears awaken from hibernation, plants sprout new buds, and pets shed all over our new spring clothes, many of us feel the need for a fresh start. To spring forward with a new hairdo, BeautyXposé interviewed International Hair Artist [Naz Kupelian](#), salon owner and member of the elite Rusk® creative design team responsible for developing the latest hair trends.

Here's his take on what's hot for spring hair!

Cut: What About Bob?

The "Modern Bob" is achieved by creating a bob with shorter hair in the bang area and layers all around for texture. This chic look can be achieved (depending on the hair type) by blow drying with a round brush or with rollers. When blow drying, apply a mousse, and for the finish, break up and define the layers with pomade.



Style: Hang loose.

The trend has moved away from high crowns to looser softer hair - sometimes even straight, but a little frizzy (think Amy Winehouse). The edgy look is defined by texture and movement, yet it achieves an "un-kept" look.

Color: Lighten up!

Blonds go blonder for the spring...with caramel and golden highlights. Chunky bold highlights or colors are out. The new technique is "tone on tone" - blond on blond - to achieve a natural look. *[Editor's Note: Brunettes can join in the fun too, with subtle highlights or lowlights one shade away from your original hair color]*

BONUS TIP: Fight the Frizz.

Kupelian says Keratin anti-curl treatments are a great way to get your hair prepared for the spring humidity.



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